

**MENU SUBJECT TO CHANGE BASED ON AVAILABILITY

NOVEMBER | 2022

ST. JOHN LUNCH AND BREAKFAST MENU



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

31 HAPPY HALLOWEEN

MINI PANCAKES
W/SAUSAGE
WG CHEESE PIZZA OR
WOW BUTTER SANDWICH
FRESH FRUIT, FRUIT JUICE
SALAD BAR, MILK

1 TEACHER PD DAY

NO SCHOOL



2 CHICKEN NUGGETS
W/STARZ TATER TOTS
OR
WG CHEESE PIZZA OR
WOW BUTTER SANDWICH,
FRESH FRUIT, FRUIT JUICE
SALAD BAR, MILK

3 NO SCHOOL

CONFERENCE FOR
TEACHERS

4 NO SCHOOL

CONFERENCE FOR
TEACHERS

7 FRENCH TOAST STICKS
W/SAUSAGE LINK OR
WG CHEESE PIZZA
OR WOW BUTTER
SANDWICH
FRESH FRUIT,
FRUIT JUICE, MILK

8 CRUNCHY OR SOFT
TACOS
OR WG CHEESE PIZZA
OR WOW BUTTER
SANDWICH
FRESH FRUIT
SALAD BAR, MILK

9 CHICKEN TENDERS
W/STARZ TATER TOTS
OR
WG CHEESE PIZZA OR
WOW BUTTER SANDWICH
FRESH FRUIT, FRUIT JUICE
SALAD BAR, MILK

10 THANKSGIVING
FEAST
TURKEY GRAVY
MASHED POTATOES
STUFFING, CORN, ROLLS
CRANBERRYS
FRUIT, SALAD BAR, MILK

11 BOSCO STICKS
OR
BIG DADDY PEPPERONI OR
CHEESE PIZZA OR
WOW BUTTER SANDWICH,
FRESH FRUIT, FRUIT JUICE,
SALAD BAR, MILK

14 MINI CHOCOLATE CHIP
FRENCH TOAST
W/SAUSAGE OR
WG CHEESE PIZZA
OR WOW SANDWICH
FRESH FRUIT, FRUIT JUICE
SALAD BAR, MILK

15 WALKING TACO
OR
WG CHEESE PIZZA
OR
WOW BUTTER
SANDWICH
FRESH FRUIT, MILK

16 CHICKEN NUGGETS
W/STARZ TATER TOTS
OR
WG CHEESE PIZZA OR
WOW BUTTER SANDWICH,
FRESH FRUIT, FRUIT JUICE
SALAD BAR, MILK

17 SWEET & SOUR
CHICKEN W/RICE
OR
WG CHEESE PIZZA OR
WOW BUTTER SANDWICH
FRESH FRUIT
MILK

18 HOT DIGGITY DOG
W/BAKED LAYS
BIG DADDY PEPPERONI OR
CHEESE PIZZA OR
WOW BUTTER SANDWICH,
FRESH FRUIT, FRUIT JUICE,
SALAD BAR, MILK

21 FRENCH TOAST STICKS
W/SAUSAGE LINK OR
WG CHEESE PIZZA
OR WOW BUTTER
SANDWICH
FRESH FRUIT,
FRUIT JUICE, MILK

22 MINI CORN DOGS
OR
CHICKEN PATTY
OR
WG CHEESE PIZZA OR
WOW BUTTER SANDWICH
FRESH FRUIT, MILK

23 NO
SCHOOL
THANKSGIVING
BREAK

24 HAPPY
THANKSGIVING



25 NO
SCHOOL
THANKSGIVING
BREAK

28 MINI PANCAKES
W/SAUSAGE OR
WG CHEESE PIZZA
OR WOW BUTTER
SANDWICH
FRESH FRUIT, FRUIT JUICE
SALAD BAR, MILK

29 CRUNCHY OR SOFT
TACOS
OR WG CHEESE PIZZA
OR WOW BUTTER
SANDWICH
FRESH FRUIT
SALAD BAR, MILK

30 CHICKEN TENDERS
W/STARZ TATER TOTS
OR
WG CHEESE PIZZA OR
WOW BUTTER SANDWICH
FRESH FRUIT, FRUIT JUICE
SALAD BAR, MILK

1 MAC & CHEESE
W/PRETZEL ROD OR
WG CHEESE PIZZA
OR
WOW BUTTER SANDWICH,
FRESH FRUIT, SALAD BAR,
MILK

2 CHEESEBURGER OR
BIG DADDY PEPPERONI OR
CHEESE PIZZA OR
WOW BUTTER SANDWICH,
FRESH FRUIT, FRUIT JUICE,
SALAD BAR, MILK

BREAKFAST MENU

MONDAY: MINI PANCAKES
TUESDAY: RAINBOW YOGURT
W/ANNIES HONEY BUNNY GRAHAMS
WEDNESDAY: SAUSAGE, EGG &
CHEESE BREAKFAST WRAP
THURSDAY: WG CINNAMON PULL
APART ROLLS
FRIDAY: FRENCH TOAST STICKS

OFFERED DAILY:

ASSORTED CEREAL, CEREAL BARS,
BAGEL W/CREAM CHEESE, MUFFINS,
YOGURT W/GRAHAM CRACKER

BREAKFAST PRICES

\$2.00 STUDENT
\$2.50 ADULT
\$.30 REDUCED

LUNCH PRICES

\$3.25 STUDENT
\$.40 REDUCED
\$.50 MILK
\$4.25 ADULT

BREAKFAST INCLUDES: WHOLE
GRAINS AND/OR PROTEIN, FRUIT OR
FRUIT JUICE, MILK (CHOICES INCLUDE:
1% WHITE & FAT FREE CHOCOLATE).

LUNCH INCLUDES: ENTRÉE
(PROTEIN & WHOLE GRAIN),
VEGETABLES & FRUIT (SALAD BAR
DAILY), MILK (CHOICES INCLUDE: 1%
WHITE & FAT FREE CHOCOLATE).
*ALL BREADS/GRAINS SERVED ARE
WHOLE WHEAT OR WHOLE GRAIN.
THIS INCLUDES ALL BREADS, TORTILLAS,
BUNS AND PASTA.