

\*\*MENU SUBJECT TO CHANGE BASED ON AVAILABILITY



# JANUARY | 2023

## ST. JOHN LUNCH AND BREAKFAST MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p><b>2</b> <b>Christmas Break</b> <b>Happy 2023!!</b></p>	<p><b>3</b> <b>Christmas Break</b> <b>Happy 2023!!</b></p>	<p><b>4</b> CHICKEN NUGGETS W/STARZ TATER TOTS OR WG CHEESE PIZZA OR WOW BUTTER SANDWICH, FRESH FRUIT, FRUIT JUICE SALAD BAR, MILK</p>	<p><b>5</b> MAC &amp; CHEESE W/PRETZEL ROD OR WG CHEESE PIZZA OR WOW BUTTER SANDWICH, FRESH FRUIT, SALAD BAR, MILK</p>	<p><b>6</b> CHEESEBURGER OR BIG DADDY PEPPERONI OR CHEESE PIZZA OR WOW BUTTER SANDWICH, FRESH FRUIT, FRUIT JUICE, SALAD BAR, MILK</p>	<p><b>BREAKFAST MENU</b>  <b>MONDAY:</b> MINI PANCAKES  <b>TUESDAY:</b> RAINBOW YOGURT  W/ANNIES HONEY BUNNY  GRAHAMS  <b>WEDNESDAY:</b> SAUSAGE, EGG &amp;  CHEESE BREAKFAST WRAP  <b>THURSDAY:</b> WG CINNAMON PULL  APART ROLLS  <b>FRIDAY:</b> FRENCH TOAST STICKS</p> <p><b>OFFERED DAILY:</b>  ASSORTED CEREAL, CEREAL BARS,  BAGEL W/CREAM CHEESE, MUFFINS,  YOGURT W/GRAHAM CRACKER</p> <p><b>BREAKFAST PRICES</b>  \$2.00 STUDENT  \$2.50 ADULT  \$.30 REDUCED</p> <p><b>LUNCH PRICES</b>  \$3.25 STUDENT  \$.40 REDUCED  \$.50 MILK  \$4.25 ADULT</p> <p><b>BREAKFAST INCLUDES:</b> WHOLE  GRAINS AND/OR PROTEIN, FRUIT OR  FRUIT JUICE, MILK (CHOICES  INCLUDE: 1% WHITE &amp; FAT FREE  CHOCOLATE).</p> <p><b>LUNCH INCLUDES:</b> ENTRÉE  (PROTEIN &amp; WHOLE GRAIN),  VEGETABLES &amp; FRUIT (SALAD BAR  DAILY), MILK (CHOICES INCLUDE: 1%  WHITE &amp; FAT FREE CHOCOLATE).  *ALL BREADS/GRAINS SERVED ARE  WHOLE WHEAT OR WHOLE GRAIN.  THIS INCLUDES ALL BREADS,  TORTILLAS, BUNS AND PASTA.</p>
<p><b>9</b> MINI PANCAKES W/SAUSAGE OR WG CHEESE PIZZA OR WOW BUTTER SANDWICH FRESH FRUIT, FRUIT JUICE SALAD BAR, MILK</p>	<p><b>10</b> WALKING TACO OR WG CHEESE PIZZA OR WOW BUTTER SANDWICH FRESH FRUIT, MILK</p>	<p><b>11</b> CHICKEN TENDERS W/STARZ TATER TOTS OR WG CHEESE PIZZA OR WOW BUTTER SANDWICH FRESH FRUIT, FRUIT JUICE SALAD BAR, MILK</p>	<p><b>12</b> SUPER SPAGHETTI DAY W/GARLIC TOAST OR WG CHEESE PIZZA OR WOW BUTTER SANDWICH, FRESH FRUIT, SALAD BAR, MILK</p>	<p><b>13</b> BOSCO STICKS OR BIG DADDY PEPPERONI OR CHEESE PIZZA OR WOW BUTTER SANDWICH, FRESH FRUIT, FRUIT JUICE, SALAD BAR, MILK</p>	
<p><b>16</b> <b>NO SCHOOL</b> <b>MLK JR. DAY</b>  <b>I HAVE</b> <b>A DREAM</b> </p>	<p><b>17</b> MINI CORN DOGS OR CHICKEN PATTY OR WG CHEESE PIZZA OR WOW BUTTER SANDWICH FRESH FRUIT, MILK</p>	<p><b>18</b> <b>NATIONAL</b> <b>MICHIGAN</b> <b>DAY!!</b>  KOEGL HOT DOG BETTER MADE POTATO CHIPS OR WG CHEESE PIZZA FRESH FRUIT, MILK</p>	<p><b>19</b> SWEET &amp; SOUR CHICKEN W/RICE OR WG CHEESE PIZZA OR WOW BUTTER SANDWICH FRESH FRUIT MILK</p>	<p><b>20</b> CHICKEN NUGGETS W/STARZ TATER TOTS OR WG CHEESE PIZZA OR WOW BUTTER SANDWICH, FRESH FRUIT, FRUIT JUICE SALAD BAR, MILK</p>	
<p><b>23</b> FRENCH TOAST STICKS W/SAUSAGE LINK OR WG CHEESE PIZZA OR WOW BUTTER SANDWICH FRESH FRUIT, FRUIT JUICE, MILK</p>	<p><b>24</b> CRUNCHY OR SOFT TACOS OR WG CHEESE PIZZA OR WOW BUTTER SANDWICH FRESH FRUIT SALAD BAR, MILK</p>	<p><b>25</b> CHICKEN TENDERS W/STARZ TATER TOTS OR WG CHEESE PIZZA OR WOW BUTTER SANDWICH FRESH FRUIT, FRUIT JUICE SALAD BAR, MILK</p>	<p><b>26</b> MAC &amp; CHEESE W/PRETZEL ROD OR WG CHEESE PIZZA OR WOW BUTTER SANDWICH, FRESH FRUIT, SALAD BAR, MILK</p>	<p><b>27</b> CHEESEBURGER OR BIG DADDY PEPPERONI OR CHEESE PIZZA OR WOW BUTTER SANDWICH, FRESH FRUIT, FRUIT JUICE, SALAD BAR, MILK</p>	
<p><b>30</b> MINI PANCAKES W/SAUSAGE OR WG CHEESE PIZZA OR WOW BUTTER SANDWICH FRESH FRUIT, FRUIT JUICE SALAD BAR, MILK</p>	<p><b>31</b> WALKING TACO OR WG CHEESE PIZZA OR WOW BUTTER SANDWICH FRESH FRUIT, MILK</p>	<p><b>1</b> CHICKEN NUGGETS W/STARZ TATER TOTS OR WG CHEESE PIZZA OR WOW BUTTER SANDWICH, FRESH FRUIT, FRUIT JUICE SALAD BAR, MILK</p>	<p><b>2</b> SUPER SPAGHETTI DAY W/GARLIC TOAST OR WG CHEESE PIZZA OR WOW BUTTER SANDWICH, FRESH FRUIT, SALAD BAR, MILK</p>	<p><b>3</b> BOSCO STICKS OR BIG DADDY PEPPERONI OR CHEESE PIZZA OR WOW BUTTER SANDWICH, FRESH FRUIT, FRUIT JUICE, SALAD BAR, MILK</p>	