

**VIRTUE OF THE MONTH: FAITH**

Be Faithful in small things because it is in them that your strength lies.— Mother Teresa



**ST. JOHN SCHOOL LUNCH MENU**

**DECEMBER 2011**

December Highlights  
 1 Prayer Service  
 5 Gr. 8 Explore test  
 8 Foundation Tree Lightning  
 8 Poinsettia Pick up  
 9 Christmas program dress rehearsal  
 11 Christmas Program 2:30PM  
 12 Interim reports out  
 16 7/8 Gr. Dance  
 21 Last day before Christmas Break

**Recognize when enough is enough**

Choose to be **full**, not **stuffed**. Listen to your body and stop eating and drinking before you have to loosen your belt. Instead of suffering for the next hour while your body tries to digest, you can enjoy time with friends and family and look forward to the next meal.



*Did you know....*

**Alabama was the first state to Recognize Christmas as an Official holiday. This tradition began in 1836**



**Christmas trees are edible! Many parts of pines, spruces, and firs can be eaten. The needles are a good source of vitamin C. Pine nuts, or pine cones, are also a good source of nutrition.**



Lunch Prices  
 Student Ala-Carte 1.75  
 Student Lunch 2.50  
 Adult Ala-Cart 2.00  
 Adult Lunch 3.00  
 Breakfast 1.25

Mon	Tue	Wed	Thu	Fri
			1 Grilled Cheese w/ Chili Cheeseburger Corn Fruit, Milk	2 Hot Dog w/ Chips Bosco Stix Salad Bar Fruit, Milk
5 Ravioli w/ Breadstick Mini Corn Dogs Carrots Fruit, Milk	6 Sloppy Joe Chicken Fries Green Beans Fruit, Milk Mini Ice Cream	7 Winter Wonderland Nuggets Grilled Chicken Corn Fruit, Milk	8 French Toast w/Sausage Hot Ham & Cheese Oven Potato Fruit, Milk Assorted Juice	9 Chicken Quesadilla Cheeseburger Salad Bar Fruit, Milk
12 BBQ Rib Popcorn Chicken Mashed Potato w/ Gravy Fruit, Milk	13 Walking Taco Grilled Chicken, Corn, Salad Bar Fruit, Milk	14 Turkey Deli Chicken Rings Green Beans Salad Bar Fruit Milk Apple Crisp	15 Spaghetti w/ Garlic /Bread Mini Corn dogs Salad Bar Fruit Milk	16 Pepperoni Bosco Stix Hot Dog w/ Chips Salad Bar Fruit Milk
19 Burrito Sweet Sour Chicken Rice Salad Bar Fruit Milk, Fortune Cookie	20 Macaroni & Cheese Meatball Sub Green Beans Fruit, Milk	21 Chicken Pattie Cheeseburger Oven Potato Fruit, Milk	22 Christmas Break Begins	

The gift you can give at Christmas is not something you buy, but your very self, your time, your energy, your love. And those who receive this gift will "rejoice and praise the Lord" for the increase they see in your virtue. Only then does goodness enter the world.  
 A blessed Christmas to all!

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